

Report



SFE CEFEC ACADEMY 2023



3rd Edition

*"Creating Employment
Opportunities in Rural Areas"*

4-8 September 2023
Itea, Fokida, Greece

The SFE CEFEC Academy is linked and financed by the European Project: Supporting Employment Platform through Apprenticeship Learning "SEPAL", funded by the EEA & Norway Grants. (www.projectsepal.com).



SEPAL
Supporting Employment Platform
through Apprenticeship Learning

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During these days we had time to think back, consider the evolution of CE FEC and enjoy our togetherness in a geographical area mountainous and Doric, but mainly warm and hospitable, in Fokida, Greece!

This warm and friendly CE FEC culture, kept us for almost 40 years, creative and connected to bring up new ideas, new plans, new projects for the future!

What we share now is the three i (3i), our points of reference:

- Inspiration
- Innovation
- Inclusion

We pass it on to the next generation, to the NEETs, with challenges, trust and warmth to our hearts!

Athina Fragkouli

Society of Social Psychiatry P. Sakellaropoulos, Greece

A message from the organizers

Dear participants of the 3rd edition of SFE CEFEC Academy,

After 2 successful editions, SFE CEFEC Academy returns this year for the 3rd time in Greece and more specifically in Itea, Fokida. We have the pleasure and honor to welcome you from 5 different countries in Europe. Travelling to Fokida you will have the opportunity to connect with local production, social entrepreneurship, the environment and the cultural heritage of the region.

Employment opportunities in rural areas are a major issue, not only for Greece, but for most countries in Europe, so our aim is to highlight the issue by connecting young people with the reality and needs of such an area.

During the week, you will participate in interesting and interactive workshops related to the production of local products, such as honey, olive oil, leather processing, ceramics, as well as Social Economy and Entrepreneurship workshops, which will be organized by specialized professionals in the field.

On behalf of SFE CEFEC, the Society of Social Psychiatry P. Sakellaropoulos, Koi.S.P.E. "Diadromes" and the SEPAL PRO project, we welcome you and hope that this experience will be unforgettable and will work as an asset and motivation for further development in your career.

Petru Vasile Gafiuc

President of Bucovina Institute
Project Manager SEPAL PRO

Christos Michail Makliri

Project Coordinator SEPAL PRO
Koi.S.P.E "Diadromes"

1. About the concept

The **3rd Edition of the Social Firms Europe CEFEC Academy** took place between **4-8 September 2023, in Itea, Fokida, Greece**, with more than 25 participants from 7 countries.

The purpose of this year's Academy was to connect participants with local production and entrepreneurship in rural areas. The participants had the opportunity to learn about the honey production process and the value of the bee, about the olive harvesting process and the socio-economic value of the olive grove of Amfissa, as well as about the process of leather processing and creating material through ceramics.

At the same time, participants attended Social Entrepreneurship seminars by SFE CEFEC professionals and participated in the 37th SFE CEFEC Annual Conference.

Employment opportunities and the development of entrepreneurship in rural and tourist areas were the main theme of the Academy. In this context, workshops were held with entrepreneurs of the region and specialized partners of SFE CEFEC. The acquisition of knowledge and experience by the NEETS was the most basic parameter, which introduced them to the process of searching and finding new professional solutions and prospects.

The 3rd Edition of the SFE CEFEC Academy was organized through the **Supporting Employment Platform through Apprenticeship Learning - SEPAL** project, which has the aim of creating an innovative model for job insertion of 300 NEETs and which is implemented by 5 of our members:

- Bucovina Institute / Romania
- Fundacio Privada Pere Closa / Spain
- ŽISPB / Lithuania
- KoiSPE Diadromes / Greece
- KOMES / Poland

We had the opportunity to cover the costs for 25 people to participate in the training with good motivation and concrete future plans on how to put in practice the information they received during the 5 days of SFE CEFEC Academy.

The SEPAL project is financed by Iceland, Liechtenstein and Norway through the EEA and Norway Grants Fund for Youth Employment

2. The program

Monday, 4 September 2023

Time/duration	Topic	Coordinator & Place
9:30 - 10:00	Welcome & Introductions from the participants	Mentors & NEETS. Galini Hotel, Itea
10:00 - 13:00	Workshop in the facilities of "MOKA Honey". Theoretical and practical presentation of the bees and honey production. "SAVE THE BEES"	MOKA HONEY tours. Itea
13:00 - 14:30	Introduction in the Mediterranean diet and Lunch preparation from the group of youngsters	MOKA HONEY & Participants. Itea
15:30 - 18:00	1st round of Workshops (Social Entrepreneurship Basics)	F. Kresimon, V. Chronopoulos. Nafsika Palace Hotel, Itea
20:00	Dinner	Itea

Tuesday, 5 September 2023

Time/duration	Topic	Coordinator & Place
09:00 - 13:00	Workshop in the "Olive Park" of Amfissa. Theoretical and practical presentation of the olive trees and the collecting procedure. Visit to the premises of an oil press.	G. Vaidanis, Social Cooperative Enterprise "Delfiki Gi". Amfissa
13:15 - 14:30	Lunch in Sernikaki village	Sernikaki
15:00 - 18:00	2nd round of Workshops (Social Entrepreneurship Basics)	F. Kresimon, V. Chronopoulos, R. Keet. Nafsika Palace Hotel, Itea
20:00	Dinner	

Wednesday, 6 September 2023

Time/duration	Topic	Coordinator & Place
09.30 - 12.30	Workshop in the Multispace "Harmaina". Presentation of the local production of leathers and ceramics.	Local Producers. Amfissa
12.30 - 14.00	Lunch in Harmaina	Amfissa
15:00 - 19:00	Limited Liability Social Cooperatives (Koi.S.P.E.): Exploring the emblematic scheme of Social Entrepreneurship in contemporary Greece.	V. Chronopoulos. Kyriakopoulou Cultural Center, Itea.
20:00	Dinner	Itea

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2. The program

Thursday, 7 September 2023

Time/duration	Topic	Coordinator & Place
09:30 – 12:30	Participation in the Plenary Session of the 37th SFE CEFEC Conference in Itea, Fokida, Greece	SFE CEFEC / S.S.P. P. Sakellaropoulos. Kyriakopoulou Cultural Center, Itea.
12:30 – 13:30	Lunch break	
13:45 – 18:30	Participation in the evening session of the 37th SFE CEFEC Conference and the Working Groups.	SFE CEFEC Coordinators. Kyriakopoulou Cultural Center, Itea.
20:00	Gala dinner (MOUKAS Restaurant)	Itea

Friday, 8 September 2023

Time/duration	Topic	Coordinator & Place
09:30 – 10:30	Employment opportunities in rural areas. Presentation of the results of the SFE CEFEC Academy by NEETS and SEPAL PRO Mentors. Award Ceremony for the 3rd SFE CEFEC Academy	V. Gafiuc, C. Makliri. Kyriakopoulou Cultural Center, Itea.
10:30 – 12:30	Discussing and Empowering Community with the Community. Harnessing and connecting citizens across generations.	SFE CEFEC. Kyriakopoulou Cultural Center, Itea.
12:30 – 14:30	Coffee & Lunch break	MOKA HONEY & Participants. Itea
15:00	Study Visits <ul style="list-style-type: none"> Delphi archaeological site or, Premises of Koi.S.P.E. Fokidas "G.Volikas" 	Delphi & Amfissa
20:00	Dinner	Itea

3.

The five working days

Day 1: Monday 4 September 2023

The week started with a morning meeting of all participants at the hotel where NEETS were staying. The President of the Society of Social Psychiatry P. Sakellariopoulos, Dr. Athina Fragkouli, addressed and welcomed the participants to the area where the Organization began its operation 40 years ago. Then the manager of the SEPAL project Mr. Vasile Gafiuc took the floor, who referred to the objectives and importance of the project and finally, the coordinators of each partner country of the SEPAL project presented their NEETS. All together we departed for the 1st workshop of the week.



“Save the bees”

The 3rd Edition of the SFE CEFEAC Academy started in the premises of a local business called “MOKA Honey Tours”. The owners Mr Giannis Moraitis and Mr Nikiforos Kalafatis, started this business a few years ago, when they decided to invest in their hometown.

In the ancient land of Delphi, honey is a traditional product which is produced for many generations now. The place is ideal as it is drowned in thyme and fir. The owners have been taught the beekeeping art from their grandparents and with a little luck they will pass it over to their grandchildren.

In the sacred land of God Apollo, under the shadow of mount Parnassus, they produce honey from thyme and fir which may be the most qualitative flora for honey production.



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After a detailed presentation of their business, Mr. Moraitis analyzed the importance of the bees for the ecosystem and their relation to the local history of Delphi and the olive grove of Amfissa. Then, the participants dressed up like beekeepers. Due to bad weather, they did not have to opportunity to go into the field with the beehives, so the owners brought a beehive to the kiosk, in order to open it. It was a great experience to see how the bees react and operate in the beehives. Everyone understood better the world of the bees and it was really interesting that the participants tasted honey directly from the resource.



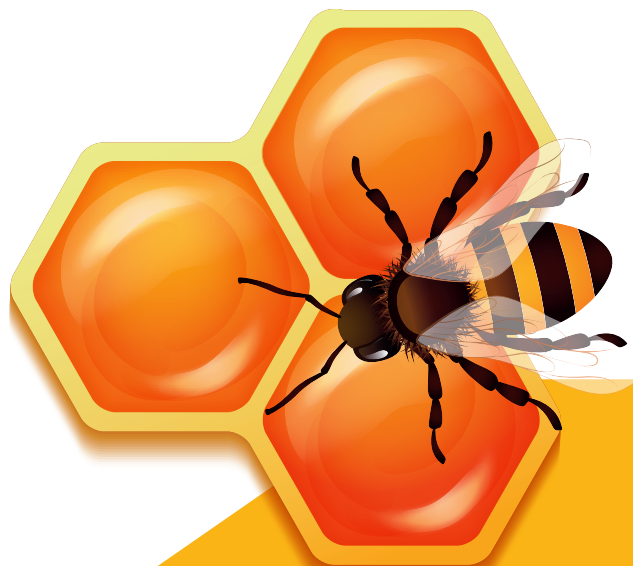
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“Save the bees”



The discussions and the questions to the owners were intensive and the participants showed huge interest for the business and the production.

The lunch was part of the training, as the participants were introduced to the value of Mediterranean diet. The menu had 2 types of Greek salad, spinach pie, tzatziki, meat (souvlaki) and apple with honey and cinnamon as a dessert.

In the end everyone had the opportunity to buy honey and other local natural products from the shop of the MOKA Honey.



Day 1: Afternoon session

Social Entrepreneurship Training Part 1

After a great experience in MOKA Honey Tours, the participants gathered to the Nasfika Palace Hotel, where the first session of Social Entrepreneurship Training took place.

Trainers were Ms. Felicitas Kresimon (General Secretary of SFE CE FEC) and Mr. Vasileios Chronopoulos (Social Entrepreneurship expert, PhD candidate).

The trainees split in 6 groups of people representing 5 different countries: Spain, Lithuania, Romania, Poland, and Greece.

The basic idea of the workshop was each group to develop a proper business plan for a Social Enterprise and present it in the classroom.

F. Kresimon and V. Chronopoulos introduced to the main characteristics of Social Enterprises, with a Focus on Work Integration Social Enterprises.

The 6 working groups had to take two major decisions:

1. What is the social purpose of their Social Enterprise.
2. What is the Business Activity idea that they are going to develop.

The result of the First Part of Day 1: A list of Business Activities ideas for each team

The Second Part of Day 1:

Filtering the ideas

The result of the Second Part of

Day 1: Each team ended up

with one Business Activity

idea. The next day they

had to put it on

paper.



Day 2: Tuesday 5 September 2023

The week started with a morning meeting of all participants at the hotel where NEETS were staying. The President of the Society of Social Psychiatry P. Sakellariopoulos, Dr. Athina Fragkouli, addressed and welcomed the participants to the area where the Organization began its operation 40 years ago. Then the manager of the SEPAL project Mr. Vasile Gafiuc took the floor, who referred to the objectives and importance of the project and finally, the coordinators of each partner country of the SEPAL project presented their NEETS. All together we departed for the 1st workshop of the week.



The workshop started with welcoming words from Ms Arhontoula Sorokou, one of the first employees of the SSP P. Sakellariopoulos and a well-known member of the local community and continued with a presentation from Mr. Vaidanis about the olives and the products which are produced. An interesting part of the workshop was the presentation of the tools that are used to pick up the olives from the trees. The NEETS had the opportunity to pick up olives on their own using those tools.



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The training continued in the Environmental Center of Amfissa. The session started with welcoming speech from the director of the Center Mr. Georgios Kottis and continued with a presentation of a professor in agriculture Mr. Efstathios Stavrianos.



Mr. Stavrianos presented the olive grove of Amfissa, which is the largest olive grove in the Mediterranean. Its history starts over 3.000 years ago and since then is an integral part of the Delphic landscape. The participants learned about the Social, Environmental and Economic impact of the olive grove to the whole region. It is a place which offers high quality products, job opportunities and a beautiful landscape.

In the end of the session, the local community offered to the participants some local products to taste and as gifts (olives, tsipouro).



Day 2: Afternoon session

Social Entrepreneurship Training Part 2

The second part of Social Entrepreneurship training was introduced by Rene Keet, Psychiatrist and Director FIT-Academy. He explained the 6 principles of Community Mental Health: Human rights, Public Mental Health, Recovery, Effectiveness, Network-Ecosystem, Peer Expertise.



Until that time, the participants have learned about:

1. What is the social purpose of their Social Enterprise
2. What is the Business Activity idea that they are going to develop.

Then all 6 groups presented it in the classroom.

The First part of Day 2 was to write down the Business Plan. The result of the First Part of Day 2 was a Business Plan for a Business Activity of a Social Enterprise from each one of the 6 groups. The Second part of Day 2 was the presentation of the Business Plans.

The 6 groups presented their projects in the classroom. In the end, all teams were encouraged to criticize constructively the other projects and an overall feedback has been given by the 3 trainers.



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The Final Product was the 6 Business Plans.

Social Firms Europe CEFEAC Academy
3rd Edition, Greta-Humeralul/Suceava, Romania

Designed for POKAND (Nagoka + Kaze)
Designed by SASHI CLUB

5214 CLUB - something between swim lessons and Kudo Voodoo

CEFEAC

We focus on diversity through Kudo Voodoo lessons

Problem What problem are you trying to solve? • Decreasing drownings • Accessibility for disabled people • Care aspects • Exhaustion, fatigue, lack of stimulus	Solution What solutions are you providing for the problem? What is the best for green and inclusive innovation? • Teaching Kudo Voodoo • Teaching swim lessons • Teaching swim lessons/ Kudo Voodoo for disabled people	Value Propositions What value do we deliver to the customer? What customer needs are we satisfying? • The importance of diversity (people in different ages, colors, disabilities and not disabled) • The importance of physical and mental health	Customer Segments For whom are we creating value? • Our customers but also disabled people • Disabled people who are not disabled • We are providing health tips for anyone interested in health tips
Existing Alternatives What are the alternatives? • Other swim clubs • Specific rehabilitation centers • Government funding?	Key Metrics What are the indicators of progress? • We can measure progress by how high are numbers and if the numbers are changing for the better	Key Partners Who are our key partners? Who are our key suppliers? Which key resources are we acquiring from partners? • Partners: Kudo Voodoo (for disabled) • The government	Marketing Channels Through which channels are we communicating? • We are using social media to be visible • Facebook • Instagram • TikTok
Cost structure What are the costs of our business model? Which key resources are the most expensive? Which key activities are the most expensive? • Payments for the swim lessons • Payments for the Kudo Voodoo lessons • Payments for the Kudo Voodoo lessons • Payments for the Kudo Voodoo lessons	Revenue Streams For what value are our customers willing to pay? • Payments for the swim lessons • Payments for the Kudo Voodoo lessons • Payments for the Kudo Voodoo lessons • Payments for the Kudo Voodoo lessons		

www.socialfirms.eu

The Business Plan of the Polish Team.

The Business Plan of the Lithuanian team

Social Firms Europe CEFEAC Academy
3rd Edition, Greta-Humeralul/Suceava, Romania

Designed for SWW Skill Bakery
Designed by SWW Skill Bakery

CEFEAC

Problem What problem are you trying to solve? • Unemployment and lack of experience in certain work and/or skills • Unemployment and lack of experience in certain work and/or skills	Solution What solutions are you providing for the problem? What is the best for green and inclusive innovation? • Citizens workshops as training program to build valuable skills to disadvantaged in business	Value Propositions What value do we deliver to the customer? What customer needs are we satisfying? • We provide citizens graduates to enhance and experience in work in various skills • These lack of experience and need for products	Customer Segments For whom are we creating value? • Disadvantaged people, graduates, citizens, people who cannot get a job, citizens • Disadvantaged people/people who cannot get a job
Existing Alternatives What are the alternatives? • Workshops	Key Metrics What are the indicators of progress? • The number of people who found a job with our help and recommendation	Key Partners Who are our key partners? Who are our key suppliers? Which key resources are we acquiring from partners? • Professional schools	Marketing Channels Through which channels are we communicating? • Employment offices • Professional schools • Social media
Cost structure What are the costs of our business model? Which key resources are the most expensive? Which key activities are the most expensive? • Workshops, teachers, resources • Teachers • Teaching	Revenue Streams For what value are our customers willing to pay? • Citizens will be paying for goods, professional schools (and governments) in citizens • 10% from professional schools • 40% selling goods • 50% government support		

Social Firms Europe CEFEAC Academy
3rd Edition, Greta-Humeralul/Suceava, Romania

Designed for GREEK TEAM
Designed by GREEK TEAM

CEFEAC

Problem What problem are you trying to solve? • Matters of hygiene for homeless people	Solution What solutions are you providing for the problem? What is the best for green and inclusive innovation? • Providing hair care services via online change for more increased price of a normal haircut (to change for more money) • People buying a haircut	Value Propositions What value do we deliver to the customer? What customer needs are we satisfying? • Hygienic, healthy, happy people in need • Access in everyday need rich in marketing need • Hygienic, healthy, happy people in need	Customer Segments For whom are we creating value? • Vulnerable people in need who can't afford a haircut and also the water and hygiene conditions • Both the customers who pay to the hairdresser who receive the services
Existing Alternatives What are the alternatives? • Decrease prices and then put a certain number on homeless people that will be taken care of	Key Metrics What are the indicators of progress? • Through social media/ advertisement events spread the word in community • Partners - revenue per hour location	Key Partners Who are our key partners? Who are our key suppliers? Which key resources are we acquiring from partners? • Church - revenue, advertisement • Special deal with hairdresser company • Hairdressers - students from village • Organization that creates jobs	Marketing Channels Through which channels are we communicating? • Website / Social Media • Partners / Association
Cost structure What are the costs of our business model? Which key resources are the most expensive? Which key activities are the most expensive? • Shampoo / hair - recruiting the staff / hairdressers • Haircut • Haircut	Revenue Streams For what value are our customers willing to pay? • For making better the living conditions of homeless people, the psychological impact that a good haircut and wash to them is needed		

The Business Plan of the Greek team

The Business Plan of the Spanish team

Social Firms Europe CEFEAC Academy 3rd Edition, Gasteiz-Huesca/Liechtenstein, Huesca, Spain			
Designed by CEFEAC Designed by CEFEAC			
Problem What problem are you trying to solve? 1. Lack of mental health support 2. Lack of social support for people with mental health issues 3. Lack of information about mental health services 4. Lack of resources for people with mental health issues	Solution What solution are you providing for the problem? 1. A platform for people with mental health issues to connect and support each other 2. A platform for people with mental health issues to find information about mental health services 3. A platform for people with mental health issues to find resources for people with mental health issues	Value Propositions What value do you deliver to your customers? 1. A platform for people with mental health issues to connect and support each other 2. A platform for people with mental health issues to find information about mental health services 3. A platform for people with mental health issues to find resources for people with mental health issues	Customer Segments Who are your target customers? 1. People with mental health issues 2. People with mental health issues who are looking for support 3. People with mental health issues who are looking for information about mental health services 4. People with mental health issues who are looking for resources for people with mental health issues
Existing Alternatives What are the alternatives? 1. Existing mental health services 2. Existing social support services 3. Existing information services 4. Existing resource services	Key Metrics How can we measure progress? 1. Number of people using the platform 2. Number of people finding information about mental health services 3. Number of people finding resources for people with mental health issues	Key Partners Who are our key partners? 1. Mental health professionals 2. Mental health organizations 3. Mental health advocates 4. Mental health researchers	Marketing Channels Through which channels do we deliver value to our customers? 1. Social media 2. Email newsletters 3. Webinars 4. Podcasts 5. YouTube channel
Cost structure What are the most important costs in your business model? 1. Development costs 2. Marketing costs 3. Operational costs 4. Legal costs		Revenue Streams How will we generate revenue? 1. Subscription fees 2. Advertising fees 3. Sponsorship fees 4. Donations	

The Business Plan of the 1st Romanian team

Social Firms Europe CEFEAC Academy 3rd Edition, Gasteiz-Huesca/Liechtenstein, Huesca, Spain			
Designed by CEFEAC Designed by CEFEAC			
Problem What problem are you trying to solve? 1. Lack of mental health support 2. Lack of social support for people with mental health issues 3. Lack of information about mental health services 4. Lack of resources for people with mental health issues	Solution What solution are you providing for the problem? 1. A platform for people with mental health issues to connect and support each other 2. A platform for people with mental health issues to find information about mental health services 3. A platform for people with mental health issues to find resources for people with mental health issues	Value Propositions What value do you deliver to your customers? 1. A platform for people with mental health issues to connect and support each other 2. A platform for people with mental health issues to find information about mental health services 3. A platform for people with mental health issues to find resources for people with mental health issues	Customer Segments Who are your target customers? 1. People with mental health issues 2. People with mental health issues who are looking for support 3. People with mental health issues who are looking for information about mental health services 4. People with mental health issues who are looking for resources for people with mental health issues
Existing Alternatives What are the alternatives? 1. Existing mental health services 2. Existing social support services 3. Existing information services 4. Existing resource services	Key Metrics How can we measure progress? 1. Number of people using the platform 2. Number of people finding information about mental health services 3. Number of people finding resources for people with mental health issues	Key Partners Who are our key partners? 1. Mental health professionals 2. Mental health organizations 3. Mental health advocates 4. Mental health researchers	Marketing Channels Through which channels do we deliver value to our customers? 1. Social media 2. Email newsletters 3. Webinars 4. Podcasts 5. YouTube channel
Cost structure What are the most important costs in your business model? 1. Development costs 2. Marketing costs 3. Operational costs 4. Legal costs		Revenue Streams How will we generate revenue? 1. Subscription fees 2. Advertising fees 3. Sponsorship fees 4. Donations	

The Business Plan of the 2nd Romanian & Ukrainian team

Social Firms Europe CEFEAC Academy 3rd Edition, Gasteiz-Huesca/Liechtenstein, Huesca, Spain			
Designed by CEFEAC Designed by CEFEAC			
Problem What problem are you trying to solve? 1. Lack of mental health support 2. Lack of social support for people with mental health issues 3. Lack of information about mental health services 4. Lack of resources for people with mental health issues	Solution What solution are you providing for the problem? 1. A platform for people with mental health issues to connect and support each other 2. A platform for people with mental health issues to find information about mental health services 3. A platform for people with mental health issues to find resources for people with mental health issues	Value Propositions What value do you deliver to your customers? 1. A platform for people with mental health issues to connect and support each other 2. A platform for people with mental health issues to find information about mental health services 3. A platform for people with mental health issues to find resources for people with mental health issues	Customer Segments Who are your target customers? 1. People with mental health issues 2. People with mental health issues who are looking for support 3. People with mental health issues who are looking for information about mental health services 4. People with mental health issues who are looking for resources for people with mental health issues
Existing Alternatives What are the alternatives? 1. Existing mental health services 2. Existing social support services 3. Existing information services 4. Existing resource services	Key Metrics How can we measure progress? 1. Number of people using the platform 2. Number of people finding information about mental health services 3. Number of people finding resources for people with mental health issues	Key Partners Who are our key partners? 1. Mental health professionals 2. Mental health organizations 3. Mental health advocates 4. Mental health researchers	Marketing Channels Through which channels do we deliver value to our customers? 1. Social media 2. Email newsletters 3. Webinars 4. Podcasts 5. YouTube channel
Cost structure What are the most important costs in your business model? 1. Development costs 2. Marketing costs 3. Operational costs 4. Legal costs		Revenue Streams How will we generate revenue? 1. Subscription fees 2. Advertising fees 3. Sponsorship fees 4. Donations	

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Day 3: Wednesday 6 September 2023

The workshops of the 3rd day took place in the "Harmaina" neighborhood in Amfissa. The famous "Harmaina" is the place of Amfissa in which all the workshops of leather processing were concentrated for many centuries.

Harmaina is located south and about 500 meters from the historic Castle of Amfissa. The day started inside an old tannery which now operates as an exhibition space. We were welcomed by Mr. George Merinopoulos and Mrs. Voula Daskalopoulou.



After referring to the legends and traditions of the area, Mr. Merinopoulos made an introduction to the tradition of the area regarding leather processing and made reference to historical and topographical elements. Mr. Merinopoulos runs the last leather processing business in the area and together with his family fights to remain viable.



After some welcoming words from Ms. Daskalopoulou, she referred to the pottery workshop she maintains in the area. The creation of clay objects is a traditional practice for the area and Ms. Daskalopoulou tries to keep it alive.

After the introductory speeches, the participants were divided into 2 groups, which alternately attended the 2 workshops (leather and pottery).

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Tannery workshop



The participants had the opportunity to visit the workshop of Mr. Merinopoulos, and see how the process of the tannery is taking place. He presented the tools and the material they use for the leathers, he explained the colors and the kinds of leathers and he opened also the machines they use for cleaning and burnishing them. Their clients are usually judicials, lawyers, schools, church and mostly public sector entities.

The process they use is completely physical and they don't use any kind of chemicals as happens in modern tanneries. In this way, they maintain the traditional method of leather processing and above all they don't burden the ecosystem of the area with chemicals.



Pottery workshop



Ms. Daskalopoulou presented her workshop and gave to the participants the opportunity to create an object with clay. The NEETS showed huge interest about this practice and they created things that they couldn't even imagine they could with clay.

They realized how many things can be created with clay, as it is an art that remains alive through the centuries.

After the 2 interesting workshops, we had a common lunch in the restaurant of Harmaina, where we enjoyed local and traditional Greek recipes.



Day 3: Afternoon session

In the afternoon session of Wednesday 6 September, the participants attended a workshop in the Kyriakopouleio Cultural Center of Itea, about the Social Cooperatives of Limited Liability from Greece with the title "Social Cooperatives of Limited Liability (KoiSPE): Exploring the emblematic scheme of Social Entrepreneurship in contemporary Greece". Social Cooperatives of Limited Liability is the first institutional form of Social Enterprise in Greece and is also the first institutional form of Work Integration Social Enterprises in Greece. They focus on the socio-economic and occupational integration of people with serious psychosocial problems. LLSC are considered emblematic of the Greek setting not only because they are the first institutional form of Social Enterprise in Greece.

Their dynamic and performance inspired and led to the opening of the framework for the establishment of other institutional forms of Social Enterprises that focus on other vulnerable social groups besides the mentally challenged. In this Workshop initially we had a general presentation about the LLSC. Then we saw the reality of 5 LLSC through 5 presentations. Then there was a final presentation that tried to explore the connection between a Greek myth and the problems of modern society.

The program of the workshop:

15:00 - 15:20

A beautiful road

15:20 - 15:40

Presentation of LLSC of Fokida
"YIANNIS VOLIKAS"

15:40 - 16:00

Presentation of LLSC of Fthiotida – Evrytania
"ANEMONI"

16:00 - 16:20

Presentation of LLSC of Rhodope – Evros
"NAFTILOS"

16:20 - 16:40

Presentation of LLSC of the 10th sector of Attica "DIADROMES"

16:40 - 17:00

Presentation of LLSC of Achaea "FAROS"

17:00 - 17:20

Following Virtue, a Greek Myth meets the modern world



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Day 4: Thursday 7 September 2023

Participation at the 37th Social Firms Europe CE FEC Annual Conference

On September 7, 2023, the 37th Annual Conference of SFE CE FEC took place in Itea, Fokida. Our NEETS had the opportunity to connect with Social Economy stakeholders from different European countries and participate in working groups on the United Nations Sustainable Development Goals (SDGs) and issues analyzed by SFE CE FEC in recent years.



The working groups of the morning section (World Café) were the following:

- WORKING GROUP 1 / Zero Poverty (SDG 1.) Coordination: F. Kresimon, D. Mura-wa, V. Chronopoulos
- WORKING GROUP 2 / Zero Hunger (SDG 2). Coordination: A. Birsan, M. Danova, A. Yantselidou
- WORKING GROUP 3 / Health and Well-being (SDG 3). Coordination: A. Jaseliuniene, A. Raubaite, D. Papaioannou
- WORKING GROUP 4 / Decent Work and Economic Growth (SDG 8). Coordination: C. Haerlin, T. Vercauteren, G. Georgiou

The working groups (WGs) of the afternoon session were the following:

- WORKING GROUP 1 / Refugees and Mi-grants. Coordination: F. Kresimon, D. Mura-wa, V. Chronopoulos
- WORKING GROUP 2 / International Co-operation. Coordination: A. Birsan, M. Danova, A. Yantselidou
- WORKING GROUP 3 / Support for Employment through Apprenticeships – Project SEPAL PRO. Coordination: V. Gafiuc, A. Jaseliuniene, C. Makliri
- WORKING GROUP 4 / Green Economy. Coordination: C. Haerlin, T. Vercauteren, G. Georgiou



Every working group had NEETS who participated actively to the session. Working with social economy professionals and SFE CE FEC members was very useful for the NEETS, as they gained knowledge and analyzed many contemporary social issues, exchanging views and experiences with partners from more than 17 European countries. During the plenary sessions, the NEETS had the opportunity to learn about the values and history of SFE CE FEC and the link between the United Nation's SDGs and the Working Groups of the network. The day ended with the Gala Dinner and with nice food, music and dancing.

The SEPAL project is financed by Iceland, Liechtenstein and Norway through the EEA and Norway Grants Fund for Youth Employment

Day 5: Friday 8 September 2023

The final day of the 3rd edition of the SFE CE FEC Academy was dedicated to the NEETS and the work done since the beginning of the week. The president of Bucovina Institute and Project Manager of SEPAL Mr Vasile Gafiuc and the Project Coordinator Mr Chris Makliri presented to the audience the meaning and purpose of the SFE CE FEC Academy and the workshops that took place in Itea during the week.



After the presentations, we had the Award Ceremony for the SFE CE FEC Academy. Every participant received a medal and a certificate of participation. Some of the NEETS talked about their impressions and what they gained during the week. The official closure of the SFE CE FEC Academy was full of emotions and happy faces. It is a practice that should continue in an annual basis, as it is really important for the NEETS, who are connected with Social Economy, Social Entrepreneurship, interact with each other, exchange views and experiences with their peers from different countries and connect with the values and history of SFE CE FEC.



4. Evaluation & feedbacks

An evaluation form was given to the NEETS who participated in the 3rd edition of the SFE CE FEC Academy.

The three questions that they should answer were the following:

1. What are your thoughts about the SFE CE FEC Academy 3rd Edition? You can mention anything you want about the workshops, presentations, and generally your participation during the 5 days of the Academy. What was your experience from this event?
2. Please mention minimum 1 positive and 1 negative aspect which you consider relevant, concerning the SFE CE FEC Academy 3rd Edition.
3. Other details you want to mention or anything else to add.

The majority of the answers were positive and showed that it was a really good experience for the NEETS. Some answers are mentioned below:

- Thank you very much for the academy, and I have nothing but great impressions from everything that happened during these days. The teachers and topics discussed were absolutely fantastic, top-notch. I really enjoyed the atmosphere of these days, and I'm truly amazed by everything. It has had a tremendous impact on my personal growth and development because I acquired a wealth of new knowledge, explored many new places, experienced a wide range of emotions, met many remarkable people, saw the world from a different perspective, and uncovered numerous new opportunities.

K.A., Romania

- As an experience I think it was something unique. Because this is my first time attending this conference and in general at a conference, the experience will be unforgettable. From the first day until the last everything was perfect, the organization was amazing and the companions of the teams were very kind and next to us in what we needed. The knowledge was too many from the workshops and from the presentations where they were made, as well as we learned a lot about the Amphissa area. Also my contact with youngsters from the rest of the countries was amazing, I was given the opportunity to talk to them to learn about their culture and how their daily lives are.

D.K., Greece

- It has been a positive meeting, especially for sharing experiences and the relationship between young people from different backgrounds.

M.R., Spain

- It was an excellent experience. During the workshops I gained important knowledge about things I didn't know. I feel lucky to have been able to attend this program because I met many people and we exchanged important views.

N.P., Greece

- I am sure I can mention more positives than negatives. For starters, it was very important that people from so many countries participated because apart from the knowledge we learned during the workshops and activities, we also learned many things about the culture of other countries, about the customs and traditions of each place. In addition, another positive is that the activities were experiential. For example, we made things out of clay, and dressed in a beekeeper's uniform. We were called upon to manage the knowledge we learned on a practical level as well. I am not sure I can say anything negative. Perhaps the program could last an extra day in order to have a better allocation of time and be more relaxed.

N.P., Greece

- I have a lot of positive aspects to mention here about SFE CE FEC Academy 3rd Edition, it was well-organized. The only small negative aspect was those presentations which were firstly only in Greek, without translating, but this problem was immediately solved and next we had translation and it was no problem to understand everything.

K. A., Romania

- Although the positives are much more than one, I will say about the knowledge I received from the laboratories. And the only negative that may have tried to block us and get us out of program was the weather.

D.K, Greece

- I believe it is important to teach young adults about their possible career choices, one of them being creating and managing a social enterprise. Nothing comes to mind in terms of finding a negative aspect of the Academy, in my opinion, it was perfect.

Z. A., Lithuania

- I want to mention that It was a great experience, in which I met good people from whom I had much to learn. I wish in the future I will experience this again.

P. A., Romania

- I would love to stay in touch with all of these people

W. M., Poland

- It was nice to visit Greece

M.G, Lithuania



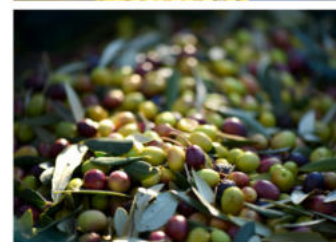
SFE CEFEC ACADEMY 2023

3rd Edition

'Creating Job Opportunities in Rural Areas'

4-8 September 2023
Itea, Fokida, Greece

Youngsters aged 18-29 y.o. will have the opportunity to learn about local production and Social Entrepreneurship.
SFE CEFEC Academy is associated with the European Program Supporting Employment Platform through
Apprenticeship Learning "SEPAL" (<https://www.projectsepal.com/el/>).



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* Report done by Chris Makliri
Society of Social Psychiatry P. Sakellariopoulos

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